



The Inner Journey Readings for Discussion

- The Inner Journey: Songs for Reflection.
- Chart: Christian Religion and Christian Spirituality.
- Lilian Daniel, “Spiritual But Not Religious? Stop Boring Me.”
- “The Kingdom of Noise: A Screwtape Letter.”
- “Spiritual Disciplines” (Rose Publishing, 2009. Available for \$3.99 at <https://www.hendricksonrose.com/p/spiritual-disciplines/9781596363540>)
- William Lane Craig, “The Dual Nature of Jesus.”
- Dallas Willard, *The Spirit of the Disciplines: Understanding How God Changes Lives*** (HarperOne, 1988).
- Richard J. Foster, *Celebration of Discipline: The Path to Spiritual Growth*** (HarperSanFrancisco, 1998).
- Confession of Sins.
- D. A. Carson, “Why Pray to an All-Knowing God?”
- Henri Nouwen, *The Way of the Heart*** (Ballantine Books, 1981).
- Cal Thomas, “The Matrix at 20.”
- The Origins of Contemplative Christian Spirituality: A Brief Overview.
- Brother Lawrence, *The Practice of the Presence of God*** (1694; Image Books, 1977).
- Song: Loreena McKennit, “The Dark Night of the Soul.”
- Christian and Eastern Spirituality: The Fundamental Differences.
- Viktor Frankl, *Man’s Search for Meaning*** (Touchstone Books, 1959, 1984).
- Paul C. Vitz, *Psychology as Religion: The Cult of Self-Worship. Second Edition*** (William B. Eerdmans Publishing Company, 1994, 2002).
- Jeffrey Breshears, “Is the Doctrine of the Trinity Irrational?”
- Jeffrey Breshears, “Countercultural Christianity and Spiritual Warfare.”
- Jeffrey Breshears, “A Contemplative Response to America’s Culture War.”

Other sources:

- Jeanne Guyon, *A Short and Very Easy Method of Prayer* (a.k.a. *Experiencing the Depths of Jesus Christ*, c. 1685).
- Rick Warren, *The Purpose Driven Life: What On Earth Am I Here For?* (Zondervan, 2002).
- The Life of Francis of Assisi.
- The Life of Sadhu Sundhar Singh.